The 29 modules Package of the VSB EOSH training consists of the following Modules:

- 1. Introduction to Safety and Health at Work
- 2. Hazard Identification & Risk Assessment
- 3. Accidents Prevention and Reporting
- 4. Motivating Workers: Leadership and Supervision
- 5. Management of Prevention
- 6. Internal Emergency Plan
- 7. Hazardous Substances
- 8. Fire and Explosion
- 9. Electricity
- 10. Tools, Machines and Appliances
- 11. Hoist, Lift and Bear
- 12.Trip, Slip and Fall
- 13.Work at Height
- 14.Special Works
- 15.Confined Spaces
- 16.Radiation
- 17.Asbestos
- 18.Noise and Vibrations
- 19. Ergonomics
- 20. Personal Protective Equipment
- 21. Safety and Health Signalization
- 22.Harassment and Violence at Work
- 23. Drugs & Alcohol Awareness
- 24. Work Permits
- 25. Emergency Responses
- 26. Musculoskeletal Disorders
- 27. Health & Safety Committees
- 28. Safe and Healthy Workplaces for Young Workers
- 29. Managing health crises and COVID-19